



Building Bridges: Conversations About Reproductive Justice

Talking about Reproductive Justice is not always easy. For many of us, it brings up memories of **struggles we've experienced** or **fears about the future** our loved ones will inherit. **But conversations are powerful.** They help **bridge generations, share wisdom, and spark action.**

Below are **real-life situations where you can address Reproductive Justice** in ways that feel natural and supportive. Each example offers a **phrase to get you started** and a **confidence tip** to remind you that speaking up matters more than saying things perfectly.



CONVERSATION STARTERS



Over Dinner or a Family Gathering

Scenario: A discussion about current events or family life naturally leads to questions about the world young people are inheriting.

Starter Phrase: "I remember when my generation fought for reproductive rights, and I want to hear how your generation sees it now."

Confidence Tip: A family table can feel like a stage, but curiosity keeps the conversation safe. Focus on listening, not convincing.



In the Car or On a Walk

Scenario: Quiet moments during everyday activities often provide an opportunity for exploring deeper topics.

Starter Phrase: "When I was your age, access to reproductive healthcare looked very different. How do you and your friends experience it today?"

Confidence Tip: Silence can feel uncomfortable, but it often gives the other person time to gather their thoughts. Don't rush to fill it.



After a Doctor's Visit or Health Conversation

Scenario: Talking about personal or family health can open the door to reproductive justice issues.

Starter Phrase: "I've seen how access to healthcare has changed over the years. What do you hope healthcare looks like for your future?"

Confidence Tip: Sharing your personal stories helps younger generations understand why these issues matter. Lived experience is powerful.



Watching the News Together

Scenario: A story about reproductive rights appears on television or online.

Starter Phrase: "This reminds me of the challenges we faced when I was younger. How does news like this make you feel about your future?"

Confidence Tip: Approach the conversation with curiosity. Asking questions is more effective than lecturing or correcting.



The RJ Conversation: Then & Now

Scenario: A story about politics, healthcare, or young people making change sparks conversation about rights and the future.

Starter Phrase: "I remember when my generation talked about the right to choose. Now, the conversation is about Reproductive Justice for all, and groups like URGE are shaping what that looks like. How do you and your friends talk about these issues?"

Confidence Tip: News stories can open the door to sensitive topics. Keep your tone open and curious so it feels like an exchange of ideas, not a lecture.



In a Classroom or Among Friends

Scenario: A discussion about rights, mental health, or religion leads someone to bring up *Chiles v. Salazar*.

Starter Phrase: "That Supreme Court case made me think about how people sometimes use 'free speech' or 'religious freedom' to justify harmful practices. What does real freedom mean to you, especially for LGBTQ+ youth?"

Confidence Tip: When peers share different opinions, stay grounded in respect and facts. Real dialogue happens when everyone feels heard, not shamed.